

Ionia High School

Lunch Menu

March 2018

Pizza, taco, taco salad and reduced fat grilled chicken* are available every day.

The Choice offerings for the month are:

March is Reading Month!

1) Green Eggs & Ham/Biscuit

Potato triangle/peaches

2) Cheese filled bread sticks**

Lima Beans/pears

5) School Made Grilled Cheese

Tomato soup/pears

6) NEW*Chicken

Smacker Bowl***

M. potatoes/pineapple

7) Sloppy Joe

Green beans/strawberry cups

8) Italian Sub

Oven fries/applesauce

9) Pull apart cheesy bread ** lima

beans/pears

12) Asian chicken w/ Fried rice

m. oranges/broccoli

13) Chicken Nuggets/

Roll*/ M. potatoes/ peaches

14) Chicken Calzone

Green beans /pineapple

15) Hot Dog*

Oven fries/peaches/baked beans

16) Cheese filled bread sticks**

Spinach/mixed fruit/ **Green Frozen TREAT**

19) Chef's Salad

Grape tomatoes/cucumbers/applesauce

20) Chicken Smackers/ roll*

M. potatoes/peaches

21) Macaroni & Cheese

Cooked baby carrots/mixed fruit

22) Burger Bowl

Corn/m. /pears

23) Pull apart cheesy bread

** peas/peaches

26) Wet Burrito Applesauce/refried

beans

27) Chicken Nuggets/Roll*

M. potatoes/peaches

28) Spaghetti w/meat sauce

Mixed veggies/pineapple

29) ½ day – No Lunches

30) No school

***New – chicken smacker bowl-

chicken, m. potatoes, gravy, corn,

cheese and French's onions

*Bun/bread- Multi Grain

**Reduced Fat



What Comes with the Meal

In addition to the main dish; and the daily fruit/vegetable, the following items will be available:

Lettuce (Romaine T-F), Fresh baby carrots, Fresh Fruit, ff salad dressings and bread and butter;

and a ½ pint of milk with the choice of 1% white or ff chocolate is included with the lunch.

Lunch prices: High School Students\$ 2.55,Staff and Adults varies by building

Milk is available for purchase without a lunch for \$.35 per ½ pint.

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